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# Keep My Son: A Mother's Unprecedented Battle And Victory Over Her Son's Mental Illness



## Synopsis

A harrowing and spell-binding memoir of one family's twenty-year journey through mental illness, told by the mother who fought at the front lines. When we hear the word "schizophrenia" we typically equate the outcome with hopelessness, despair, and another human statistic. However, in this case, the mother of the patient fought back, using her background in microbiology, chemistry, and an unrelenting will to survive to discover unprecedented breakthroughs in mental health. You are afforded a front row seat to witness a diagnosis of depression, its maturation to bipolar disorder, progressing to schizoaffective bipolar type, then schizophrenia, and ultimately elevating to paranoid schizophrenia. You will journey through the mental health system labyrinth, get insider input on what works and what doesn't during crisis, witness gut-wrenching failures, and ultimately the most unlikely of victories against an undefeated opponent. The true story centers around a mother's fight for her son, Daniel, who begins displaying symptoms of mental illness at the age of 14. He undergoes seven mental health hospitalizations, including a 9-month stay in the state mental hospital. The book leads you through his battle to a point where his hallucinations, delusions and voices are eliminated. You will witness the struggle first-hand, the frustration of ineffective medications, and ultimately learn about his recovery from schizophrenia using the genetics of the methylation pathway. As you immerse yourself in the memoir you will find you are the recipient of a personal escort through the unforgiving process used to recover Daniel's mental health using the scientific principles of genetics. You will learn about genes tied to mental illness, genetic testing options, database choices which analyze genetic raw data, and the steps toward recovery using co-factors, enzymes, vitamins, minerals, and other nutrients. The memoir is filled with frustration, anger, hopelessness, fear, trauma, hope, recovery, compassion, and finally a future. If you are fighting for a loved one, or know people in your community who are struggling with mental illness, this first-of-its-kind memoir is a must-read. It may just hold the key to unlock the door for your family member in the throes of crisis. Move forward in hope and learn to be your own best advocate. Fight for your brain like you do for your body.

## Book Information

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## Customer Reviews

I can relate to this mother's struggle with her son's illness and her fight to find appropriate care for him on many levels. I have worked in two different mental health facilities and have seen this drama played out over and over again in families desperate to find help for loved ones. I also have a son who has battled mental illness, diagnosed at age 19. There are many stories out there but this one offers true hope and resources for anyone desiring to take advantage of the hard work the author has already done. Since reading this book I have approached my grown son about doing the genetic testing in hopes of improving his life. I can so appreciate the "tightrope" she had to walk for so long and I am very moved and touched by her story and the family's willingness to share in hopes of helping others. I think this is amazing science and nothing short of miraculous that she, in her tenacity, was able to find it, apply it, and share with others. I think every psychiatrist in the nation should pick this book up and start looking in the direction of treating disease on the cellular level. Thank you, Diane Borders, from a grateful mom.

This is a must read for anyone touched by mental illness. It is ultimately an empowering story about a mother's struggle to save her son from a terrible condition in spite of a dysfunctional mental health system. Diane Border's strength, courage, and love are as inspiring as her son Daniel's challenges and gifts. The genetic research and discussion of problems with the methylation pathway included

in this memoir have a broader message to those suffering from all sorts of illnesses.

New way to heal your mentally I'll loved one. If you have a child you should read this, if your child is mentally ill, even ADHD or has ADHD you need to buy copies for everyone in your family. Her story was inspiring and very informative. By sharing her story she will inspire change in this broken system. The things she discusses can change the way you look at medicine. This is life-saving stuff. I wish every doctor dealing with mental illness had a copy of this book. Diane is saving families with her heart wrenching story of hope and love and how to achieve what others say is impossible.

In a perfect world this book would be made available to every family struggling with mental illness. It proves there can be a very bright light at the end of a very, very dark tunnel. What a testimony of love and perseverance! There is hope!

This story is an amazing journey of a family's struggle with mental illness. I hope that families, who are dealing with this illness, have an opportunity to gain knowledge as Diane did. I am very glad to read, on Facebook, that Diane has an environment in which to share her knowledge and encourage people to do genetic testing. Mary Anne T.

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